

Wettkampf 3 - 400m Lagen männlich**Pflichtzeiten**

2013: 06:32,40 2012: 06:05,20 2011: 05:44,50 2010: 05:34,80 2009: 05:26,40 2008: 05:20,60
2007 und älter: 05:06,00

Jahrgang 2013

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Berliner Jahrgangsmeister					
	Paul Bruno von Loesch	2013	Berliner TSC	05:39,15	331
	50m: 00:36,87 (00:36,87) 100m: 01:20,41 (00:43,54) 150m: 02:03,14 (00:42,73) 200m: 02:44,80 (00:41,66) 250m: 03:33,26 (00:48,46) 300m: 04:22,55 (00:49,29) 350m: 05:01,21 (00:38,66) 400m: 05:39,15 (00:37,94)				
2.	Erik Höschele	2013	BSV Medizin Marzahn 1990	05:43,89	318
	50m: 00:37,88 (00:37,88) 100m: 01:23,18 (00:45,30) 150m: 02:05,61 (00:42,43) 200m: 02:47,01 (00:41,40) 250m: 03:36,19 (00:49,18) 300m: 04:27,05 (00:50,86) 350m: 05:05,52 (00:38,47) 400m: 05:43,89 (00:38,37)				
3.	Aaron Finder	2013	Berliner TSC	05:52,74	294
	50m: 00:39,77 (00:39,77) 100m: 01:26,85 (00:47,08) 150m: 02:10,68 (00:43,83) 200m: 02:53,33 (00:42,65) 250m: 03:44,57 (00:51,24) 300m: 04:36,64 (00:52,07) 350m: 05:15,49 (00:38,85) 400m: 05:52,74 (00:37,25)				

Jahrgang 2012

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Berliner Jahrgangsmeister					
	Leonard Salan	2012	Berliner TSC	05:08,07	442
	50m: 00:33,11 (00:33,11) 100m: 01:11,21 (00:38,10) 150m: 01:50,92 (00:39,71) 200m: 02:29,42 (00:38,50) 250m: 03:13,53 (00:44,11) 300m: 03:58,28 (00:44,75) 350m: 04:34,10 (00:35,82) 400m: 05:08,07 (00:33,97)				
2.	Nikita Zemliansky	2012	Berliner TSC	05:18,97	398
	50m: 00:34,67 (00:34,67) 100m: 01:14,70 (00:40,03) 150m: 01:54,68 (00:39,98) 200m: 02:33,98 (00:39,30) 250m: 03:21,27 (00:47,29) 300m: 04:08,31 (00:47,04) 350m: 04:44,46 (00:36,15) 400m: 05:18,97 (00:34,51)				
3.	Louis Leon Löhnert	2012	Berliner TSC	05:33,43	349
	50m: 00:34,03 (00:34,03) 100m: 01:15,43 (00:41,40) 150m: 01:58,63 (00:43,20) 200m: 02:40,28 (00:41,65) 250m: 03:28,61 (00:48,33) 300m: 04:17,17 (00:48,56) 350m: 04:55,52 (00:38,35) 400m: 05:33,43 (00:37,91)				
4.	David Nierlein	2012	Wasserfreunde Spandau 04	05:38,30	334
	50m: 00:34,86 (00:34,86) 100m: 01:17,22 (00:42,36) 150m: 02:02,10 (00:44,88) 200m: 02:45,68 (00:43,58) 250m: 03:32,51 (00:46,83) 300m: 04:20,30 (00:47,79) 350m: 05:00,15 (00:39,85) 400m: 05:38,30 (00:38,15)				
5.	Nikolai Rassow	2012	SG Berliner Wasserratten	05:38,56	333
	50m: 00:37,12 (00:37,12) 100m: 01:23,59 (00:46,47) 150m: 02:05,91 (00:42,32) 200m: 02:47,26 (00:41,35) 250m: 03:35,68 (00:48,42) 300m: 04:25,56 (00:49,88) 350m: 05:02,66 (00:37,10) 400m: 05:38,56 (00:35,90)				

noch Wettkampf 3 - 400m Lagen männlich**Jahrgang 2011**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Berliner Jahrgangsmeister					
	Jannis Kube	2011	Wasserfreunde Spandau 04	04:51,53	522
	50m: 00:29,33 (00:29,33) 100m: 01:04,03 (00:34,70) 150m: 01:41,20 (00:37,17) 200m: 02:17,58 (00:36,38) 250m: 03:01,54 (00:43,96) 300m: 03:48,00 (00:46,46) 350m: 04:20,89 (00:32,89) 400m: 04:51,53 (00:30,64)				
2.	Julian Petras	2011	Wasserfreunde Spandau 04	04:56,73	495
	50m: 00:30,19 (00:30,19) 100m: 01:05,78 (00:35,59) 150m: 01:45,27 (00:39,49) 200m: 02:23,15 (00:37,88) 250m: 03:06,80 (00:43,65) 300m: 03:50,21 (00:43,41) 350m: 04:24,75 (00:34,54) 400m: 04:56,73 (00:31,98)				
3.	Akram Ammar	2011	Wasserfreunde Spandau 04	04:56,80	495
	50m: 00:31,44 (00:31,44) 100m: 01:08,54 (00:37,10) 150m: 01:46,89 (00:38,35) 200m: 02:23,88 (00:36,99) 250m: 03:06,51 (00:42,63) 300m: 03:50,59 (00:44,08) 350m: 04:24,41 (00:33,82) 400m: 04:56,80 (00:32,39)				
4.	Lennox Dufft	2011	Berliner TSC	05:03,34	463
	50m: 00:30,98 (00:30,98) 100m: 01:07,91 (00:36,93) 150m: 01:47,96 (00:40,05) 200m: 02:26,68 (00:38,72) 250m: 03:09,14 (00:42,46) 300m: 03:52,76 (00:43,62) 350m: 04:28,52 (00:35,76) 400m: 05:03,34 (00:34,82)				
5.	Jasper Maron	2011	Berliner TSC	05:09,45	436
	50m: 00:33,47 (00:33,47) 100m: 01:14,06 (00:40,59) 150m: 01:54,30 (00:40,24) 200m: 02:33,01 (00:38,71) 250m: 03:15,43 (00:42,42) 300m: 03:58,91 (00:43,48) 350m: 04:34,69 (00:35,78) 400m: 05:09,45 (00:34,76)				
6.	Leonard Steuter	2011	Wasserfreunde Spandau 04	05:24,14	380
	50m: 00:34,19 (00:34,19) 100m: 01:17,69 (00:43,50) 150m: 01:59,70 (00:42,01) 200m: 02:41,34 (00:41,64) 250m: 03:25,99 (00:44,65) 300m: 04:11,05 (00:45,06) 350m: 04:48,45 (00:37,40) 400m: 05:24,14 (00:35,69)				
7.	Moritz Felke	2011	SC Wedding 1929 Berlin	05:24,27	379
	50m: 00:33,17 (00:33,17) 100m: 01:13,12 (00:39,95) 150m: 01:56,07 (00:42,95) 200m: 02:37,43 (00:41,36) 250m: 03:22,64 (00:45,21) 300m: 04:10,21 (00:47,57) 350m: 04:48,18 (00:37,97) 400m: 05:24,27 (00:36,09)				
	<u>abgemeldet</u>				
	Levian Schmidt	2011	Aqua Berlin		

Jahrgang 2010

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Berliner Jahrgangsmeister					
	Felix Woiwode	2010	Aqua Berlin	04:40,77	584
	50m: 00:30,15 (00:30,15) 100m: 01:05,72 (00:35,57) 150m: 01:41,93 (00:36,21) 200m: 02:17,29 (00:35,36) 250m: 02:56,79 (00:39,50) 300m: 03:36,71 (00:39,92) 350m: 04:09,98 (00:33,27) 400m: 04:40,77 (00:30,79)				
2.	Yessin Ammar	2010	Wasserfreunde Spandau 04	04:44,22	563
	50m: 00:29,71 (00:29,71) 100m: 01:04,12 (00:34,41) 150m: 01:40,06 (00:35,94) 200m: 02:14,45 (00:34,39) 250m: 02:56,85 (00:42,40) 300m: 03:39,01 (00:42,16) 350m: 04:12,11 (00:33,10) 400m: 04:44,22 (00:32,11)				

noch Wettkampf 3 - 400m Lagen männlich**noch Jahrgang 2010**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
	<u>nicht am Start</u> Yann Spindler	2010	Berliner TSC		ENM
	<u>abgemeldet</u> Tamino Hensel	2010	Aqua Berlin		

Jahrgang 2009

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Berliner Jahrgangsmeister					
	Finn Heilek	2009	BSV Medizin Marzahn 1990	05:13,95	418
	50m: 00:31,85 (00:31,85) 100m: 01:09,71 (00:37,86) 150m: 01:49,93 (00:40,22) 200m: 02:29,29 (00:39,36) 250m: 03:15,18 (00:45,89) 300m: 04:01,40 (00:46,22) 350m: 04:38,77 (00:37,37) 400m: 05:13,95 (00:35,18)				
	Willy Hoffmann	2009/SM9	SG Berliner Wasserratten	05:55,74	287
	50m: 00:39,68 (00:39,68) 100m: 01:27,86 (00:48,18) 150m: 02:14,55 (00:46,69) 200m: 02:59,66 (00:45,11) 250m: 03:47,18 (00:47,52) 300m: 04:35,48 (00:48,30) 350m: 05:16,72 (00:41,24) 400m: 05:55,74 (00:39,02)				
	<u>nicht am Start</u> Anton Freimark	2009	SG Schöneberg, Berlin		ENM
	<u>abgemeldet</u> Ben David Preuß	2009	SG Schöneberg, Berlin		

Jahrgang 2008

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Berliner Jahrgangsmeister					
	Ben Köckritz	2008	SG Schöneberg, Berlin	04:53,24	513
	50m: 00:28,53 (00:28,53) 100m: 01:03,19 (00:34,66) 150m: 01:43,28 (00:40,09) 200m: 02:22,45 (00:39,17) 250m: 03:03,24 (00:40,79) 300m: 03:45,21 (00:41,97) 350m: 04:19,64 (00:34,43) 400m: 04:53,24 (00:33,60)				

Offene Klasse

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Berliner Meister					
	Felix Woiwode	2010	Aqua Berlin	04:40,77	584
	50m: 00:30,15 (00:30,15) 100m: 01:05,72 (00:35,57) 150m: 01:41,93 (00:36,21) 200m: 02:17,29 (00:35,36) 250m: 02:56,79 (00:39,50) 300m: 03:36,71 (00:39,92) 350m: 04:09,98 (00:33,27) 400m: 04:40,77 (00:30,79)				
2.	Theo Ujhelyi	2004	SG Neukölln Berlin	04:40,87	584
	50m: 00:29,10 (00:29,10) 100m: 01:03,89 (00:34,79) 150m: 01:41,09 (00:37,20) 200m: 02:17,84 (00:36,75) 250m: 02:56,77 (00:38,93) 300m: 03:37,00 (00:40,23) 350m: 04:10,17 (00:33,17) 400m: 04:40,87 (00:30,70)				

noch Wettkampf 3 - 400m Lagen männlich**noch Offene Klasse**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
3.	Yessin Ammar	2010	Wasserfreunde Spandau 04	04:44,22	563
	50m: 00:29,71 (00:29,71) 100m: 01:04,12 (00:34,41) 150m: 01:40,06 (00:35,94) 200m: 02:14,45 (00:34,39) 250m: 02:56,85 (00:42,40) 300m: 03:39,01 (00:42,16) 350m: 04:12,11 (00:33,10) 400m: 04:44,22 (00:32,11)				
4.	Jannis Kube	2011	Wasserfreunde Spandau 04	04:51,53	522
	50m: 00:29,33 (00:29,33) 100m: 01:04,03 (00:34,70) 150m: 01:41,20 (00:37,17) 200m: 02:17,58 (00:36,38) 250m: 03:01,54 (00:43,96) 300m: 03:48,00 (00:46,46) 350m: 04:20,89 (00:32,89) 400m: 04:51,53 (00:30,64)				
5.	Ben Köckritz	2008	SG Schöneberg, Berlin	04:53,24	513
	50m: 00:28,53 (00:28,53) 100m: 01:03,19 (00:34,66) 150m: 01:43,28 (00:40,09) 200m: 02:22,45 (00:39,17) 250m: 03:03,24 (00:40,79) 300m: 03:45,21 (00:41,97) 350m: 04:19,64 (00:34,43) 400m: 04:53,24 (00:33,60)				
6.	Julian Petras	2011	Wasserfreunde Spandau 04	04:56,73	495
	50m: 00:30,19 (00:30,19) 100m: 01:05,78 (00:35,59) 150m: 01:45,27 (00:39,49) 200m: 02:23,15 (00:37,88) 250m: 03:06,80 (00:43,65) 300m: 03:50,21 (00:43,41) 350m: 04:24,75 (00:34,54) 400m: 04:56,73 (00:31,98)				
7.	Akram Ammar	2011	Wasserfreunde Spandau 04	04:56,80	495
	50m: 00:31,44 (00:31,44) 100m: 01:08,54 (00:37,10) 150m: 01:46,89 (00:38,35) 200m: 02:23,88 (00:36,99) 250m: 03:06,51 (00:42,63) 300m: 03:50,59 (00:44,08) 350m: 04:24,41 (00:33,82) 400m: 04:56,80 (00:32,39)				
8.	Lennox Dufft	2011	Berliner TSC	05:03,34	463
	50m: 00:30,98 (00:30,98) 100m: 01:07,91 (00:36,93) 150m: 01:47,96 (00:40,05) 200m: 02:26,68 (00:38,72) 250m: 03:09,14 (00:42,46) 300m: 03:52,76 (00:43,62) 350m: 04:28,52 (00:35,76) 400m: 05:03,34 (00:34,82)				
9.	Leonard Salan	2012	Berliner TSC	05:08,07	442
	50m: 00:33,11 (00:33,11) 100m: 01:11,21 (00:38,10) 150m: 01:50,92 (00:39,71) 200m: 02:29,42 (00:38,50) 250m: 03:13,53 (00:44,11) 300m: 03:58,28 (00:44,75) 350m: 04:34,10 (00:35,82) 400m: 05:08,07 (00:33,97)				
10.	Jasper Maron	2011	Berliner TSC	05:09,45	436
	50m: 00:33,47 (00:33,47) 100m: 01:14,06 (00:40,59) 150m: 01:54,30 (00:40,24) 200m: 02:33,01 (00:38,71) 250m: 03:15,43 (00:42,42) 300m: 03:58,91 (00:43,48) 350m: 04:34,69 (00:35,78) 400m: 05:09,45 (00:34,76)				
11.	Finn Heilek	2009	BSV Medizin Marzahn 1990	05:13,95	418
	50m: 00:31,85 (00:31,85) 100m: 01:09,71 (00:37,86) 150m: 01:49,93 (00:40,22) 200m: 02:29,29 (00:39,36) 250m: 03:15,18 (00:45,89) 300m: 04:01,40 (00:46,22) 350m: 04:38,77 (00:37,37) 400m: 05:13,95 (00:35,18)				
12.	Nikita Zemliansky	2012	Berliner TSC	05:18,97	398
	50m: 00:34,67 (00:34,67) 100m: 01:14,70 (00:40,03) 150m: 01:54,68 (00:39,98) 200m: 02:33,98 (00:39,30) 250m: 03:21,27 (00:47,29) 300m: 04:08,31 (00:47,04) 350m: 04:44,46 (00:36,15) 400m: 05:18,97 (00:34,51)				
13.	Leonard Steuter	2011	Wasserfreunde Spandau 04	05:24,14	380
	50m: 00:34,19 (00:34,19) 100m: 01:17,69 (00:43,50) 150m: 01:59,70 (00:42,01) 200m: 02:41,34 (00:41,64) 250m: 03:25,99 (00:44,65) 300m: 04:11,05 (00:45,06) 350m: 04:48,45 (00:37,40) 400m: 05:24,14 (00:35,69)				

noch Wettkampf 3 - 400m Lagen männlich**noch Offene Klasse**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
14.	Moritz Felke	2011	SC Wedding 1929 Berlin	05:24,27	379
	50m: 00:33,17 (00:33,17) 100m: 01:13,12 (00:39,95) 150m: 01:56,07 (00:42,95) 200m: 02:37,43 (00:41,36) 250m: 03:22,64 (00:45,21) 300m: 04:10,21 (00:47,57) 350m: 04:48,18 (00:37,97) 400m: 05:24,27 (00:36,09)				
15.	Louis Leon Löhnert	2012	Berliner TSC	05:33,43	349
	50m: 00:34,03 (00:34,03) 100m: 01:15,43 (00:41,40) 150m: 01:58,63 (00:43,20) 200m: 02:40,28 (00:41,65) 250m: 03:28,61 (00:48,33) 300m: 04:17,17 (00:48,56) 350m: 04:55,52 (00:38,35) 400m: 05:33,43 (00:37,91)				
16.	David Nierlein	2012	Wasserfreunde Spandau 04	05:38,30	334
	50m: 00:34,86 (00:34,86) 100m: 01:17,22 (00:42,36) 150m: 02:02,10 (00:44,88) 200m: 02:45,68 (00:43,58) 250m: 03:32,51 (00:46,83) 300m: 04:20,30 (00:47,79) 350m: 05:00,15 (00:39,85) 400m: 05:38,30 (00:38,15)				
17.	Nikolai Rassow	2012	SG Berliner Wasserratten	05:38,56	333
	50m: 00:37,12 (00:37,12) 100m: 01:23,59 (00:46,47) 150m: 02:05,91 (00:42,32) 200m: 02:47,26 (00:41,35) 250m: 03:35,68 (00:48,42) 300m: 04:25,56 (00:49,88) 350m: 05:02,66 (00:37,10) 400m: 05:38,56 (00:35,90)				
18.	Paul Bruno von Loesch	2013	Berliner TSC	05:39,15	331
	50m: 00:36,87 (00:36,87) 100m: 01:20,41 (00:43,54) 150m: 02:03,14 (00:42,73) 200m: 02:44,80 (00:41,66) 250m: 03:33,26 (00:48,46) 300m: 04:22,55 (00:49,29) 350m: 05:01,21 (00:38,66) 400m: 05:39,15 (00:37,94)				
19.	Erik Höschele	2013	BSV Medizin Marzahn 1990	05:43,89	318
	50m: 00:37,88 (00:37,88) 100m: 01:23,18 (00:45,30) 150m: 02:05,61 (00:42,43) 200m: 02:47,01 (00:41,40) 250m: 03:36,19 (00:49,18) 300m: 04:27,05 (00:50,86) 350m: 05:05,52 (00:38,47) 400m: 05:43,89 (00:38,37)				
20.	Aaron Finder	2013	Berliner TSC	05:52,74	294
	50m: 00:39,77 (00:39,77) 100m: 01:26,85 (00:47,08) 150m: 02:10,68 (00:43,83) 200m: 02:53,33 (00:42,65) 250m: 03:44,57 (00:51,24) 300m: 04:36,64 (00:52,07) 350m: 05:15,49 (00:38,85) 400m: 05:52,74 (00:37,25)				