

Wettkampf 22 - 400m Lagen**Offene Wertung**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Masters
1.	Maren Spietzack (W) 50m: 00:32,39 (00:32,39) 100m: 01:09,70 (00:37,31) 150m: 01:49,80 (00:40,10) 200m: 02:28,99 (00:39,19) 250m: 03:11,76 (00:42,77) 300m: 03:55,65 (00:43,89) 350m: 04:30,99 (00:35,34) 400m: 05:05,30 (00:34,31)	1987/AK 35	SG Heddesheim	05:05,30	988
2.	Marie Graf (W) 50m: 00:32,54 (00:32,54) 100m: 01:10,30 (00:37,76) 150m: 01:48,45 (00:38,15) 200m: 02:26,83 (00:38,38) 250m: 03:10,09 (00:43,26) 300m: 03:53,67 (00:43,58) 350m: 04:30,00 (00:36,33) 400m: 05:04,79 (00:34,79)	1999/AK 25	SC Regensburg	05:04,79	956
3.	Sara Rizzetto (W) 50m: 00:32,93 (00:32,93) 100m: 01:10,46 (00:37,53) 150m: 01:51,09 (00:40,63) 200m: 02:30,06 (00:38,97) 250m: 03:15,12 (00:45,06) 300m: 04:00,63 (00:45,51) 350m: 04:37,60 (00:36,97) 400m: 05:11,27 (00:33,67)	1999/AK 25	SCW Eschborn	05:11,27	897
4.	Claudia Thielemann (W) 50m: 00:35,55 (00:35,55) 100m: 01:16,85 (00:41,30) 150m: 02:01,36 (00:44,51) 200m: 02:45,71 (00:44,35) 250m: 03:34,93 (00:49,22) 300m: 04:25,73 (00:50,80) 350m: 05:05,74 (00:40,01) 400m: 05:43,29 (00:37,55)	1968/AK 55	SG Bayer	05:43,29	896
5.	Fiona Dengler-Harles (W) 50m: 00:33,01 (00:33,01) 100m: 01:11,35 (00:38,34) 150m: 01:53,74 (00:42,39) 200m: 02:35,35 (00:41,61) 250m: 03:20,70 (00:45,35) 300m: 04:06,16 (00:45,46) 350m: 04:41,01 (00:34,85) 400m: 05:13,53 (00:32,52)	1997/AK 25	Mainzer Schwimmverein 01	05:13,53	878
6.	Volker Mende (M) 50m: 00:40,83 (00:40,83) 100m: 01:29,72 (00:48,89) 150m: 02:19,64 (00:49,92) 200m: 03:07,98 (00:48,34) 250m: 03:58,66 (00:50,68) 300m: 04:49,87 (00:51,21) 350m: 05:31,81 (00:41,94) 400m: 06:11,61 (00:39,80)	1957/AK 65	Waspo Nordhorn	06:11,61	875
7.	Anne Noom (W) 50m: 00:32,04 (00:32,04) 100m: 01:09,66 (00:37,62) 150m: 01:49,19 (00:39,53) 200m: 02:28,42 (00:39,23) 250m: 03:13,00 (00:44,58) 300m: 03:59,56 (00:46,56) 350m: 04:37,74 (00:38,18) 400m: 05:15,16 (00:37,42)	1998/AK 25	SG Neukölln Berlin	05:15,16	865
8.	Christina Beck (W) 50m: 00:34,98 (00:34,98) 100m: 01:16,83 (00:41,85) 150m: 02:02,19 (00:45,36) 200m: 02:46,56 (00:44,37) 250m: 03:33,62 (00:47,06) 300m: 04:21,28 (00:47,66) 350m: 05:00,10 (00:38,82) 400m: 05:37,55 (00:37,45)	1983/AK 40	SSG Neptun Germering	05:37,55	838
9.	Arne Frank (M) 50m: 00:31,58 (00:31,58) 100m: 01:10,39 (00:38,81) 150m: 01:51,45 (00:41,06) 200m: 02:31,30 (00:39,85) 250m: 03:15,87 (00:44,57) 300m: 04:00,82 (00:44,95) 350m: 04:37,66 (00:36,84) 400m: 05:11,40 (00:33,74)	1979/AK 45	SSV Leutzsch	05:11,40	800
10.	Ina Ziegler (W) 50m: 00:38,01 (00:38,01) 100m: 01:23,40 (00:45,39) 150m: 02:10,71 (00:47,31) 200m: 02:55,65 (00:44,94) 250m: 03:47,77 (00:52,12) 300m: 04:40,45 (00:52,68) 350m: 05:19,88 (00:39,43) 400m: 05:57,11 (00:37,23)	1966/AK 55	Berliner TSC	05:57,11	796
11.	Hanka Gränitz (W) 50m: 00:32,26 (00:32,26) 100m: 01:10,77 (00:38,51) 150m: 01:53,27 (00:42,50) 200m: 02:35,19 (00:41,92) 250m: 03:22,42 (00:47,23) 300m: 04:10,44 (00:48,02) 350m: 04:48,88 (00:38,44) 400m: 05:27,45 (00:38,57)	2000/AK 20	Potsdamer SV	05:27,45	782
11.	Nina Heese (W) 50m: 00:38,42 (00:38,42) 100m: 01:24,10 (00:45,68) 150m: 02:08,70 (00:44,60) 200m: 02:53,33 (00:44,63) 250m: 03:42,41 (00:49,08) 300m: 04:31,76 (00:49,35) 350m: 05:11,94 (00:40,18) 400m: 05:50,98 (00:39,04)	1979/AK 45	SGS Hamburg	05:50,98	782

noch Wettkampf 22 - 400m Lagen**noch Offene Wertung**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Masters
13.	Lena Engelbrecht (W)	1994/AK 30	Hamburger SC	05:24,30	781
	50m: 00:33,20 (00:33,20) 100m: 01:12,52 (00:39,32) 150m: 01:56,98 (00:44,46) 200m: 02:40,19 (00:43,21) 250m: 03:25,35 (00:45,16) 300m: 04:11,42 (00:46,07) 350m: 04:49,01 (00:37,59) 400m: 05:24,30 (00:35,29)				
14.	Michelle Pschuk (W)	2000/AK 20	SG Lünen	05:28,34	775
	50m: 00:32,61 (00:32,61) 100m: 01:10,21 (00:37,60) 150m: 01:54,93 (00:44,72) 200m: 02:38,99 (00:44,06) 250m: 03:23,95 (00:44,96) 300m: 04:08,82 (00:44,87) 350m: 04:49,48 (00:40,66) 400m: 05:28,34 (00:38,86)				
15.	Christian Pfeifer (M)	1981/AK 40	USV TU Dresden	04:56,93	760
	50m: 00:31,56 (00:31,56) 100m: 01:08,07 (00:36,51) 150m: 01:46,71 (00:38,64) 200m: 02:23,67 (00:36,96) 250m: 03:06,80 (00:43,13) 300m: 03:50,01 (00:43,21) 350m: 04:24,68 (00:34,67) 400m: 04:56,93 (00:32,25)				
16.	Tasja Josefin Gambalat (W)	2004/AK 20	SG TSG HB10 Bremen	05:33,06	743
	50m: 00:34,11 (00:34,11) 100m: 01:15,82 (00:41,71) 150m: 02:00,37 (00:44,55) 200m: 02:44,25 (00:43,88) 250m: 03:30,16 (00:45,91) 300m: 04:17,36 (00:47,20) 350m: 04:55,64 (00:38,28) 400m: 05:33,06 (00:37,42)				
17.	Wiebke Ruppert (W)	2004/AK 20	WSV Speyer	05:34,44	734
	50m: 00:34,77 (00:34,77) 100m: 01:15,32 (00:40,55) 150m: 01:58,90 (00:43,58) 200m: 02:42,01 (00:43,11) 250m: 03:30,66 (00:48,65) 300m: 04:20,55 (00:49,89) 350m: 04:59,28 (00:38,73) 400m: 05:34,44 (00:35,16)				
18.	André Wrasse (M)	1970/AK 50	SG Stadtwerke München	05:17,63	731
	50m: 00:33,17 (00:33,17) 100m: 01:12,99 (00:39,82) 150m: 01:58,16 (00:45,17) 200m: 02:40,93 (00:42,77) 250m: 03:24,35 (00:43,42) 300m: 04:08,24 (00:43,89) 350m: 04:44,58 (00:36,34) 400m: 05:17,63 (00:33,05)				
19.	Tanja Kintrup (W)	1973/AK 50	SG Schwimmen Münster	06:00,35	728
	50m: 00:35,76 (00:35,76) 100m: 01:16,98 (00:41,22) 150m: 02:04,44 (00:47,46) 200m: 02:51,52 (00:47,08) 250m: 03:44,93 (00:53,41) 300m: 04:39,84 (00:54,91) 350m: 05:20,71 (00:40,87) 400m: 06:00,35 (00:39,64)				
20.	Nathalie Müller (W)	2001/AK 20	SGS Hannover	05:35,76	725
	50m: 00:35,01 (00:35,01) 100m: 01:16,65 (00:41,64) 150m: 02:01,10 (00:44,45) 200m: 02:44,64 (00:43,54) 250m: 03:30,97 (00:46,33) 300m: 04:18,09 (00:47,12) 350m: 04:57,80 (00:39,71) 400m: 05:35,76 (00:37,96)				
21.	Ulrike Nestmann (W)	2001/AK 20	TSV Quakenbrück	05:42,73	682
	50m: 00:35,28 (00:35,28) 100m: 01:16,97 (00:41,69) 150m: 02:02,72 (00:45,75) 200m: 02:48,20 (00:45,48) 250m: 03:33,82 (00:45,62) 300m: 04:20,90 (00:47,08) 350m: 05:02,44 (00:41,54) 400m: 05:42,73 (00:40,29)				
22.	Felix Muchow (M)	1999/AK 25	SG Schöneberg, Berlin	05:20,77	593
	50m: 00:31,62 (00:31,62) 100m: 01:10,73 (00:39,11) 150m: 01:51,52 (00:40,79) 200m: 02:32,22 (00:40,70) 250m: 03:16,43 (00:44,21) 300m: 04:02,13 (00:45,70) 350m: 04:41,88 (00:39,75) 400m: 05:20,77 (00:38,89)				
23.	Robert Richert (M)	1964/AK 60	BSC Robben	06:36,94	543
	50m: 00:42,30 (00:42,30) 100m: 01:31,63 (00:49,33) 150m: 02:21,63 (00:50,00) 200m: 03:13,09 (00:51,46) 250m: 04:07,44 (00:54,35) 300m: 05:03,64 (00:56,20) 350m: 05:51,70 (00:48,06) 400m: 06:36,94 (00:45,24)				
24.	Nils Dehne (M)	1984/AK 40	Zehlendorfer TSV von 1888	05:32,41	542
	50m: 00:34,30 (00:34,30) 100m: 01:13,66 (00:39,36) 150m: 01:57,67 (00:44,01) 200m: 02:40,57 (00:42,90) 250m: 03:28,49 (00:47,92) 300m: 04:16,82 (00:48,33) 350m: 04:55,26 (00:38,44) 400m: 05:32,41 (00:37,15)				

Zwischenstand nach Wettkampf 22

Platz	Mannschaft	Punkte
1.	SCW Eschborn	19925
2.	Berliner TSC	19274
3.	USV TU Dresden	19011
4.	SG Neukölln Berlin	18637
5.	SGS Hannover	17988
6.	SG Bayer	17870
7.	Waspo Nordhorn	17786
8.	SSG Neptun Germering	17552
9.	Potsdamer SV	17366
10.	SG Schöneberg, Berlin	17249
11.	SG Stadtwerke München	16746
12.	SC Regensburg	16443
13.	BSC Robben	16325
14.	SG Heddesheim	16185
15.	SG TSG HB10 Bremen	16056
16.	TSV Quakenbrück	15922
17.	WSV Speyer	15643
18.	Mainzer Schwimmverein 01	15328
19.	SSV Leutzsch	15250
20.	SGS Hamburg	15121
21.	SG Lünen	15112
22.	Hamburger SC	15002
23.	SG Schwimmen Münster	14382
24.	Zehlendorfer TSV von 1888	14145