

Wettkampf 3 - 400m Lagen männlich**Pflichtzeiten**

2014: 06:32,40 2013: 06:05,20 2012: 05:44,50 2011: 05:34,80 2010: 05:26,40 2009: 05:20,60
 2008 und älter: 05:06,00

Jahrgang 2014

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
	<u>abgemeldet</u>				
	Konstantin Assenov	2014	Wasserfreunde Spandau 04		

Jahrgang 2013

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Berliner Jahrgangsmeister					
	Paul Bruno von Loesch	2013	Berliner TSC	05:15,80	411
	50m: 00:33,53 (00:33,53) 100m: 01:13,86 (00:40,33) 150m: 01:54,16 (00:40,30) 200m: 02:34,81 (00:40,65) 250m: 03:19,33 (00:44,52) 300m: 04:04,41 (00:45,08) 350m: 04:40,84 (00:36,43) 400m: 05:15,80 (00:34,96)				
2.	Ludwig Liebchen	2013	Wasserfreunde Spandau 04	05:18,30	401
	50m: 00:32,99 (00:32,99) 100m: 01:13,34 (00:40,35) 150m: 01:53,74 (00:40,40) 200m: 02:34,24 (00:40,50) 250m: 03:20,51 (00:46,27) 300m: 04:06,98 (00:46,47) 350m: 04:42,47 (00:35,49) 400m: 05:18,30 (00:35,83)				
3.	Samuel Heister	2013	SG Schöneberg, Berlin	05:48,78	305
	50m: 00:35,83 (00:35,83) 100m: 01:18,08 (00:42,25) 150m: 02:03,50 (00:45,42) 200m: 02:47,06 (00:43,56) 250m: 03:37,20 (00:50,14) 300m: 04:28,37 (00:51,17) 350m: 05:08,64 (00:40,27) 400m: 05:48,78 (00:40,14)				
	<u>abgemeldet</u>				
	Aaron Finder	2013	Berliner TSC		

Jahrgang 2012

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Berliner Jahrgangsmeister					
	Leonard Salan	2012	Berliner TSC	04:45,71	555
	50m: 00:29,82 (00:29,82) 100m: 01:05,46 (00:35,64) 150m: 01:42,44 (00:36,98) 200m: 02:19,16 (00:36,72) 250m: 02:58,58 (00:39,42) 300m: 03:39,61 (00:41,03) 350m: 04:13,31 (00:33,70) 400m: 04:45,71 (00:32,40)				
2.	Nikita Zemliansky	2012	Berliner TSC	05:04,21	459
	50m: 00:32,21 (00:32,21) 100m: 01:10,08 (00:37,87) 150m: 01:48,08 (00:38,00) 200m: 02:25,00 (00:36,92) 250m: 03:09,09 (00:44,09) 300m: 03:55,42 (00:46,33) 350m: 04:30,48 (00:35,06) 400m: 05:04,21 (00:33,73)				

noch Wettkampf 3 - 400m Lagen männlich**noch Jahrgang 2012**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
3.	Louis Leon Löhnert	2012	Berliner TSC	05:11,94	426
	50m: 00:30,91 (00:30,91) 100m: 01:08,21 (00:37,30)				
	150m: 01:47,88 (00:39,67) 200m: 02:26,38 (00:38,50)				
	250m: 03:12,17 (00:45,79) 300m: 03:58,99 (00:46,82)				
	350m: 04:36,04 (00:37,05) 400m: 05:11,94 (00:35,90)				

Jahrgang 2011

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Berliner Jahrgangsmeister					
	Oscar Thümer	2011	BSV Medizin Marzahn 1990	04:59,20	483
	50m: 00:31,41 (00:31,41) 100m: 01:10,90 (00:39,49)				
	150m: 01:48,22 (00:37,32) 200m: 02:24,75 (00:36,53)				
	250m: 03:08,73 (00:43,98) 300m: 03:52,81 (00:44,08)				
	350m: 04:26,76 (00:33,95) 400m: 04:59,20 (00:32,44)				
2.	Lennox Dufft	2011	Berliner TSC	05:03,70	462
	50m: 00:30,69 (00:30,69) 100m: 01:07,82 (00:37,13)				
	150m: 01:47,81 (00:39,99) 200m: 02:25,89 (00:38,08)				
	250m: 03:09,28 (00:43,39) 300m: 03:54,36 (00:45,08)				
	350m: 04:29,80 (00:35,44) 400m: 05:03,70 (00:33,90)				
3.	Jasper Maron	2011	Berliner TSC	05:04,20	459
	50m: 00:33,55 (00:33,55) 100m: 01:14,67 (00:41,12)				
	150m: 01:54,00 (00:39,33) 200m: 02:32,08 (00:38,08)				
	250m: 03:13,38 (00:41,30) 300m: 03:55,07 (00:41,69)				
	350m: 04:30,58 (00:35,51) 400m: 05:04,20 (00:33,62)				

abgemeldet

Levian Schmidt	2011	Aqua Berlin
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Jahrgang 2010

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Berliner Jahrgangsmeister					
	Tamino Hensel	2010	Aqua Berlin	04:31,37	647
	50m: 00:28,76 (00:28,76) 100m: 01:02,60 (00:33,84)				
	150m: 01:38,90 (00:36,30) 200m: 02:13,97 (00:35,07)				
	250m: 02:50,15 (00:36,18) 300m: 03:28,03 (00:37,88)				
	350m: 04:00,56 (00:32,53) 400m: 04:31,37 (00:30,81)				
2.	Yann Spindler	2010	SG Neukölln Berlin	04:47,86	542
	50m: 00:28,67 (00:28,67) 100m: 01:04,93 (00:36,26)				
	150m: 01:43,69 (00:38,76) 200m: 02:20,97 (00:37,28)				
	250m: 03:00,74 (00:39,77) 300m: 03:41,12 (00:40,38)				
	350m: 04:15,52 (00:34,40) 400m: 04:47,86 (00:32,34)				

noch Wettkampf 3 - 400m Lagen männlich**Jahrgang 2009**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Berliner Jahrgangsmeister					
	Jakob Wiens	2009	SG Neukölln Berlin	04:40,77	584
	50m: 00:30,63 (00:30,63) 100m: 01:07,14 (00:36,51)				
	150m: 01:41,25 (00:34,11) 200m: 02:15,50 (00:34,25)				
	250m: 02:55,21 (00:39,71) 300m: 03:35,85 (00:40,64)				
	350m: 04:08,72 (00:32,87) 400m: 04:40,77 (00:32,05)				
2.	Jan Hendrik Katzschke	2009	SG Steglitz Berlin	05:07,51	445
	50m: 00:30,97 (00:30,97) 100m: 01:11,26 (00:40,29)				
	150m: 01:49,75 (00:38,49) 200m: 02:28,02 (00:38,27)				
	250m: 03:12,75 (00:44,73) 300m: 03:58,54 (00:45,79)				
	350m: 04:34,60 (00:36,06) 400m: 05:07,51 (00:32,91)				
	<u>abgemeldet</u>				
	Ben David Preuß	2009	SG Neukölln Berlin		

Offene Klasse

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1. und Berliner Meister					
	Tamino Hensel	2010	Aqua Berlin	04:31,37	647
	50m: 00:28,76 (00:28,76) 100m: 01:02,60 (00:33,84)				
	150m: 01:38,90 (00:36,30) 200m: 02:13,97 (00:35,07)				
	250m: 02:50,15 (00:36,18) 300m: 03:28,03 (00:37,88)				
	350m: 04:00,56 (00:32,53) 400m: 04:31,37 (00:30,81)				
2.	Christian Okrema	2006	Wasserfreunde Spandau 04	04:38,56	598
	50m: 00:28,60 (00:28,60) 100m: 01:01,55 (00:32,95)				
	150m: 01:39,90 (00:38,35) 200m: 02:17,08 (00:37,18)				
	250m: 02:56,59 (00:39,51) 300m: 03:37,06 (00:40,47)				
	350m: 04:08,46 (00:31,40) 400m: 04:38,56 (00:30,10)				
3.	Jakob Wiens	2009	SG Neukölln Berlin	04:40,77	584
	50m: 00:30,63 (00:30,63) 100m: 01:07,14 (00:36,51)				
	150m: 01:41,25 (00:34,11) 200m: 02:15,50 (00:34,25)				
	250m: 02:55,21 (00:39,71) 300m: 03:35,85 (00:40,64)				
	350m: 04:08,72 (00:32,87) 400m: 04:40,77 (00:32,05)				
4.	Mattes Engelmann	2007	SG Neukölln Berlin	04:43,34	569
	50m: 00:27,38 (00:27,38) 100m: 01:00,00 (00:32,62)				
	150m: 01:37,31 (00:37,31) 200m: 02:15,55 (00:38,24)				
	250m: 02:55,10 (00:39,55) 300m: 03:35,83 (00:40,73)				
	350m: 04:08,97 (00:33,14) 400m: 04:43,34 (00:34,37)				
5.	Leonard Salan	2012	Berliner TSC	04:45,71	555
	50m: 00:29,82 (00:29,82) 100m: 01:05,46 (00:35,64)				
	150m: 01:42,44 (00:36,98) 200m: 02:19,16 (00:36,72)				
	250m: 02:58,58 (00:39,42) 300m: 03:39,61 (00:41,03)				
	350m: 04:13,31 (00:33,70) 400m: 04:45,71 (00:32,40)				

noch Wettkampf 3 - 400m Lagen männlich**noch Offene Klasse**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
6.	Yannic Paeck	2003	Wasserfreunde Spandau 04	04:47,73	543
	50m: 00:29,14 (00:29,14) 100m: 01:03,11 (00:33,97) 150m: 01:39,78 (00:36,67) 200m: 02:16,20 (00:36,42) 250m: 02:58,02 (00:41,82) 300m: 03:40,22 (00:42,20) 350m: 04:14,43 (00:34,21) 400m: 04:47,73 (00:33,30)				
7.	Yann Spindler	2010	SG Neukölln Berlin	04:47,86	542
	50m: 00:28,67 (00:28,67) 100m: 01:04,93 (00:36,26) 150m: 01:43,69 (00:38,76) 200m: 02:20,97 (00:37,28) 250m: 03:00,74 (00:39,77) 300m: 03:41,12 (00:40,38) 350m: 04:15,52 (00:34,40) 400m: 04:47,86 (00:32,34)				
8.	Oscar Thümer	2011	BSV Medizin Marzahn 1990	04:59,20	483
	50m: 00:31,41 (00:31,41) 100m: 01:10,90 (00:39,49) 150m: 01:48,22 (00:37,32) 200m: 02:24,75 (00:36,53) 250m: 03:08,73 (00:43,98) 300m: 03:52,81 (00:44,08) 350m: 04:26,76 (00:33,95) 400m: 04:59,20 (00:32,44)				
9.	Lennox Dufft	2011	Berliner TSC	05:03,70	462
	50m: 00:30,69 (00:30,69) 100m: 01:07,82 (00:37,13) 150m: 01:47,81 (00:39,99) 200m: 02:25,89 (00:38,08) 250m: 03:09,28 (00:43,39) 300m: 03:54,36 (00:45,08) 350m: 04:29,80 (00:35,44) 400m: 05:03,70 (00:33,90)				
10.	Jasper Maron	2011	Berliner TSC	05:04,20	459
	50m: 00:33,55 (00:33,55) 100m: 01:14,67 (00:41,12) 150m: 01:54,00 (00:39,33) 200m: 02:32,08 (00:38,08) 250m: 03:13,38 (00:41,30) 300m: 03:55,07 (00:41,69) 350m: 04:30,58 (00:35,51) 400m: 05:04,20 (00:33,62)				
11.	Nikita Zemliansky	2012	Berliner TSC	05:04,21	459
	50m: 00:32,21 (00:32,21) 100m: 01:10,08 (00:37,87) 150m: 01:48,08 (00:38,00) 200m: 02:25,00 (00:36,92) 250m: 03:09,09 (00:44,09) 300m: 03:55,42 (00:46,33) 350m: 04:30,48 (00:35,06) 400m: 05:04,21 (00:33,73)				
12.	Jan Hendrik Katzsche	2009	SG Steglitz Berlin	05:07,51	445
	50m: 00:30,97 (00:30,97) 100m: 01:11,26 (00:40,29) 150m: 01:49,75 (00:38,49) 200m: 02:28,02 (00:38,27) 250m: 03:12,75 (00:44,73) 300m: 03:58,54 (00:45,79) 350m: 04:34,60 (00:36,06) 400m: 05:07,51 (00:32,91)				
13.	Louis Leon Löhnert	2012	Berliner TSC	05:11,94	426
	50m: 00:30,91 (00:30,91) 100m: 01:08,21 (00:37,30) 150m: 01:47,88 (00:39,67) 200m: 02:26,38 (00:38,50) 250m: 03:12,17 (00:45,79) 300m: 03:58,99 (00:46,82) 350m: 04:36,04 (00:37,05) 400m: 05:11,94 (00:35,90)				
14.	Paul Bruno von Loesch	2013	Berliner TSC	05:15,80	411
	50m: 00:33,53 (00:33,53) 100m: 01:13,86 (00:40,33) 150m: 01:54,16 (00:40,30) 200m: 02:34,81 (00:40,65) 250m: 03:19,33 (00:44,52) 300m: 04:04,41 (00:45,08) 350m: 04:40,84 (00:36,43) 400m: 05:15,80 (00:34,96)				

noch Wettkampf 3 - 400m Lagen männlich**noch Offene Klasse**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA	
15.	Ludwig Liebchen	2013	Wasserfreunde Spandau 04	05:18,30	401	
	50m: 00:32,99 (00:32,99) 100m: 01:13,34 (00:40,35)					
	150m: 01:53,74 (00:40,40) 200m: 02:34,24 (00:40,50)					
	250m: 03:20,51 (00:46,27) 300m: 04:06,98 (00:46,47)					
	350m: 04:42,47 (00:35,49) 400m: 05:18,30 (00:35,83)					
16.	Samuel Heister	2013	SG Schöneberg, Berlin	05:48,78	305	
	50m: 00:35,83 (00:35,83) 100m: 01:18,08 (00:42,25)					
	150m: 02:03,50 (00:45,42) 200m: 02:47,06 (00:43,56)					
	250m: 03:37,20 (00:50,14) 300m: 04:28,37 (00:51,17)					
	350m: 05:08,64 (00:40,27) 400m: 05:48,78 (00:40,14)					
	Yannick Schroeter	2003/SM10	SV Berolina	05:42,11	323	ENM
	50m: 00:34,35 (00:34,35) 100m: 01:14,98 (00:40,63)					
	150m: 01:59,65 (00:44,67) 200m: 02:42,21 (00:42,56)					
	250m: 03:30,72 (00:48,51) 300m: 04:18,94 (00:48,22)					
	350m: 05:00,67 (00:41,73) 400m: 05:42,11 (00:41,44)					