

Wettkampf 23 - 400m Freistil männlich**Jahrgang 2008 und älter**

Platz	Schwimmer(in)	Jg/SK	Verein	Endzeit	WA
1.	Michal Gnaczyński	2007	MKP Szczecin	03:55,31	733
	50m: 00:27,61 (00:27,61) 100m: 00:57,33 (00:29,72) 150m: 01:27,26 (00:29,93) 200m: 01:57,33 (00:30,07) 250m: 02:27,38 (00:30,05) 300m: 02:57,46 (00:30,08) 350m: 03:27,02 (00:29,56) 400m: 03:55,31 (00:28,29)				
2.	Bartosz Staniszewski	2005	MKP Szczecin	03:59,90	692
	50m: 00:27,74 (00:27,74) 100m: 00:58,24 (00:30,50) 150m: 01:28,51 (00:30,27) 200m: 01:59,39 (00:30,88) 250m: 02:29,76 (00:30,37) 300m: 03:00,81 (00:31,05) 350m: 03:31,59 (00:30,78) 400m: 03:59,90 (00:28,31)				
3.	Bartosz Darul	2004	MKP Szczecin	04:03,26	664
	50m: 00:28,25 (00:28,25) 100m: 00:58,23 (00:29,98) 150m: 01:28,91 (00:30,68) 200m: 01:59,82 (00:30,91) 250m: 02:30,75 (00:30,93) 300m: 03:01,72 (00:30,97) 350m: 03:33,14 (00:31,42) 400m: 04:03,26 (00:30,12)				
4.	Nicolas Hempel	2006	Wasserfreunde Spandau 04	04:05,18	648
	50m: 00:27,63 (00:27,63) 100m: 00:58,74 (00:31,11) 150m: 01:29,81 (00:31,07) 200m: 02:01,26 (00:31,45) 250m: 02:32,73 (00:31,47) 300m: 03:04,41 (00:31,68) 350m: 03:35,54 (00:31,13) 400m: 04:05,18 (00:29,64)				
5.	Milosz Pietka	2007	MKP Szczecin	04:08,75	621
	50m: 00:28,94 (00:28,94) 100m: 01:00,09 (00:31,15) 150m: 01:31,32 (00:31,23) 200m: 02:02,90 (00:31,58) 250m: 02:34,35 (00:31,45) 300m: 03:06,31 (00:31,96) 350m: 03:38,15 (00:31,84) 400m: 04:08,75 (00:30,60)				
6.	Mateusz Ciba	2008	MKP Szczecin	04:09,27	617
	50m: 00:29,09 (00:29,09) 100m: 01:00,70 (00:31,61) 150m: 01:32,76 (00:32,06) 200m: 02:04,72 (00:31,96) 250m: 02:36,56 (00:31,84) 300m: 03:08,21 (00:31,65) 350m: 03:39,93 (00:31,72) 400m: 04:09,27 (00:29,34)				
7.	Malte Torben Cygan	2008	Wasserfreunde Spandau 04	04:12,52	593
	50m: 00:28,09 (00:28,09) 100m: 00:59,36 (00:31,27) 150m: 01:31,28 (00:31,92) 200m: 02:03,35 (00:32,07) 250m: 02:35,70 (00:32,35) 300m: 03:08,11 (00:32,41) 350m: 03:40,94 (00:32,83) 400m: 04:12,52 (00:31,58)				